

Sprouting Carrot Tops

EYLF Outcomes

Outcome 2: Children are connected with and contribute to their world

Outcome 3: Children have a strong sense of wellbeing

Outcome 4: Children are confident and involved learners



TIP: Observations can be recorded in many ways: graphs, pictures, photos, videos or capturing the children's voices in a written journal.

EXTENSION: Did you know that carrot leaves can be used as a herb garnish and eaten? Why not try them in a sandwich filling? Add carrot leaves to your favourite pesto recipe for an added depth of flavour.

VARIATION: Get creative with your sprout. The lacy, feathery leaves make a unique pot plant for your room.

For a fun, creative activity for the children, why not give them a sensory experience for their imagination. Sprouting carrot tops only takes a few days to see results – a perfect activity for the impatient ones. This is also a good activity to keep aside for those rainy days. This fun activity provides younger children with the opportunity to consider sustainability, and learn a basic form of responsibility, and observational and gardening skills.

INQUIRY QUESTIONS

- > What are the basic needs for a plant to grow?
- > How long will it take to see some sprouts?



RESOURCES

- a carrot (try different coloured carrots – orange, white, yellow, red, purple – to create a rainbow effect!)
- a knife
- a shallow dish
- water

WHAT TO DO

- Chop the top off the carrot, about 2cm from the top.
- Place the top in the shallow dish.
- Add enough water to cover the base of the carrot top.
- Place dish in a warm and well-lit location.
- Change the water as required.
- Observe.

