

Berbere Spice Mix

Season: All

Makes: Approximately 1/4 cup

Recipe source: Eva and Maria Konescny from Gewürzhaus (www.gewurzhaus.com.au)

Equipment:

metric measuring spoons small heavy-based frying pan wooden spoon mortar and pestle jar with lid for storage

Ingredients:

2 tsp cumin seeds
4 cloves
³/₄ tsp cardamom pods
¹/₂ tsp black peppercorns
¹/₄ tsp whole allspice
1 tsp fenugreek seeds
¹/₂ tsp coriander seeds
8 small dried red chillies, stems removed
1 tsp ground ginger
¹/₄ tsp turmeric
1 tsp salt
2¹/₂ tbsp paprika
¹/₈ tsp ground cinnamon
¹/₈ tsp ground cloves

What to do:

- 1. Toast the cumin seeds, cloves, cardamom pods, peppercorns, allspice, fenugreek seeds and coriander seeds in the small frying pan over a low–medium heat for about 2 minutes, stirring constantly.
- 2. Remove from the pan and set aside to cool for 5 minutes.
- 3. In the mortar and pestle, finely grind the toasted spices and the chillies. Mix in the remaining ingredients. Discard the cardamom pods.
- 4. Store the spice mix in a well-sealed jar in the fridge. It will keep for up to 2 months.